Sport & Outdoor

New York cycling studio Flywheel will launch its brand new FlyBarre sessions in January, which combine circuit training, strength building, dance, Pilates and yoga to sculpt your body. The UAE Firefighter Challenge returns on January 15-17, with UAE and European teams competing, while The Darts

Masters takes place on January 31.

Unique workout spot Tribe Fit will open in February in Dubai Marina, offering a one-of-a-kind gym and social club, apparently 'turning exercise into a community activity'. VIP desert tour service Platinum Heritage is rumoured to be launching a night safari option at some point in 2013, with visitors likely provided with night-vision goggles to spot wildlife such as Arabian oryx and sand gazelles. In November, Dubai Airshow will return, and this time there will be a 'green' angle, with a view to unearthing what a sustainable future for flying might look like.