GET FIT AND MAKE FRIENDS

If you're looking for a more social way to get in shape. drop by the Dubai Marinabased Tribe Fit this summer where hanging out after your session is encouraged. The sleek-looking gym runs multiple group exercise classes from Zumba to cycling and circuits to Pilates. A day pass costs Dhs100 and gives you access to all classes. Tribe Fit, Silverene Tower, Dubai Marina, Dubai, 5am mid, Fri 8am to 8pm, Dhs100. Tel: (800) 87423. Metro: Dubai Marina, tribefit.com